



NEWSLETTER

LATEST IN RESEARCH

Low-Dose Aspirin Associated With Reduced Colorectal Cancer

Colorectal cancer (CRC) is a prevalent and potentially deadly form of cancer that affects the colon or rectum. Over the years, extensive research has been conducted to identify preventive measures and risk reduction strategies. One intriguing finding that has emerged is the potential link between the regular use of low-dose aspirin and a reduced risk of developing colorectal cancer.

Aspirin, a nonsteroidal anti-inflammatory drug (NSAID), is known for its anti-inflammatory properties and its ability to inhibit the synthesis of prostaglandins, which play a role in inflammation and cancer development. According to the observational study conducted in Norway in individuals aged 50 years and older, between 2014-2018; the long-term use of low-dose aspirin, typically taken for cardiovascular health, suggests reduced risk for CRC cancer, and also greatest reduction for metastatic disease.

The association between low-dose aspirin and reduced colorectal cancer risk represents a significant stride in cancer prevention research. While the findings are promising, further studies are warranted to elucidate the optimal dosage, duration, and specific patient populations that would benefit most from this preventive approach. As the scientific community continues to unravel the intricacies of this connection, the potential integration of low-dose aspirin as a supplementary strategy for CRC risk reduction remains an area of active exploration and discussion.

Reference:

<https://www.medscape.com/viewarticle/low-dose-aspirin-associated-reduced-crc-risk-2024>

What's New?

Previ Virtual Weight Management Program: Redefining Your Fitness Journey

Embark on a transformative experience with our Virtual Weight Management Program. Tailored to meet the demands of modern lifestyles, this program seamlessly integrates virtual consultations, and nutritional guidance. Whether you're looking to shed a few pounds, build lean muscle, or enhance your overall fitness, our expert team is here to guide and support you every step of the way. Join us in embracing a new era of holistic health, where your wellness goals are just a click away!

Previ Hormone Restoration Program: Nurturing Balance from Within

Introducing our Virtual Hormone Restoration Program, designed to address the intricacies of hormonal imbalances that can impact your overall well-being. Led by our Board Certified Specialist in Healthy Aging Medicine, this program employs state-of-the-art diagnostics and personalized treatment plans to restore hormonal harmony. From optimizing energy levels to revitalizing mood and improving metabolic function, our Virtual Hormone Restoration Program is dedicated to enhancing your vitality and quality of life.



Walnut Creek (925) 979-0979
NAPA (707) 266-2277
Atherton (650) 779-7201



(925) 808-9630
Previ Virtual Weight Management
Previ Virtual Hormone Restoration